

# Joining your schools 4th & 5th Grade

Bowling Team is a great way to prepare for the Middle School & High School Bowling Opportunities that exists in the Rockford School District.

High School Bowling is the Fastest Growing High School Sport in the Country.

Now more than 250 Colleges offer Bowling as a sport with half of those now offering full or partial scholarships to student athlete bowlers

In addition to scholarship awarded by colleges around the country, the local "Youth of Northern Illinois Bowling Foundation has awarded over 1.5 Million dollars in scholarship \$\$\$ to local youth bowlers.



**Local Scholarship \$\$\$\$\$  
(Over 1.5 Million) Awarded**

The Youth of Northern Illinois Bowling Foundation has awarded over 1.5 million dollars to local youth bowlers since it's inception in 1983. Every year at the end of season High School Bowling banquet the scholarship recipients are recognized and awarded their scholarships. The success of the Foundation has been a result of league bowlers, local bowling associations and bowling proprietors all working together to achieve this incredible feat. No where else in the country has a local foundation raised more money for it's local youth bowlers.  
**GREAT JOB ROCKFORD BOWLING COMMUNITY!**

## The Rockford Area Youth Bowling Community Sets a High Standard!

### Strong Youth League Programs

Well established and quality Youth Bowling League Programs are offered at many Rockford area centers with certified coaches and youth directors that take great pride in making sure the youth bowlers in the Rockford area are given every opportunity to have FUN and increase their skill level.

### Middle School & High School Programs

The Middle School & High School bowling programs in the Rockford area are top notch programs that provide hundreds of local athletes each year the opportunity to represent their school and compete in the sport they love. High School Bowling is the fastest growing high school sport in America. The Rockford high school program has been modeled Nationally to has help get programs started all over the country. Many of our local high school bowlers go on to secure college bowling scholarships.

Team IHSA  
State Trophies  
Won by Rockford  
Area Schools  
1st Place (12)  
2nd Place State - (6)  
3rd Place State - (6)

**Rockford Area High School teams have Achieved Incredible Results!**



Rockford Guilford Boy's Team  
2011 & 2014 IHSA State Champions

(5) IHSA Individual State Champions

## 53 ALL-State Bowlers

Area Bowlers have won IHSA Individual ALL-State Honors 53 times.



Rockford Jefferson Girl's Team  
2013 IHSA 3rd Place State



Former Jefferson H.S. Bowler Megan Buja goes onto unmatched collegiate bowling success:

- 2 Time NCAA National Team Champions -UMES
- 2 Time USBC Inter-Colliigate Team Champions
- 3 Time NCAA Elite 89 Academic Award
- USBC Star of Tomorrow Award
- 2 Time Dexter All American Team



**BOWLING IS A HEALTHY WAY TO LIVE**

**DID YOU KNOW?**

- 250+ COLLEGES OFFER BOWLING IN FULLY SELF-DEPA SCHOLARSHIPS
- \$6 MILLION IN SCHOLARSHIPS EACH YEAR
- COLLEGIATE BOWLING IS NATIONALLY TELECASTED
- 47 STATES IN THE U.S. HAVE ESTABLISHED HIGH SCHOOL BOWLING PROGRAMS
- 54,000 HIGH SCHOOL BOULERS IN HIGH SCHOOL JURISDICTION

**PHYSICAL HEALTH**  
SHOW THE FACE

1. IMPROVE CALORIES
2. IMPROVE MUSCLES
3. IMPROVE BLOOD CIRCULATION
4. IMPROVE BALANCE & COORDINATION
5. IMPROVE DYNAMIC AT BOWLING
6. IMPROVE BLOOD CIRCULATION

**SOCIAL HEALTH**  
SOMETHING FOR EVERYONE

1. BOWLING IS A GREAT WAY TO MEET NEW PEOPLE AND MAKE FRIENDS
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4. BOWLING IS A GREAT WAY TO MEET NEW PEOPLE AND MAKE FRIENDS
5. BOWLING IS A GREAT WAY TO MEET NEW PEOPLE AND MAKE FRIENDS